

MARCH 9TH, 2025 ~ FIRST SUNDAY OF LENT

LENT: A CALL TO FAST AND FEAST

*Fast from judging others;
 feast on Christ dwelling in them. Fast
from emphasis on differences;
 Feast on the oneness of all.
Fast from the darkness around us;
 Feast on the light of JESUS within us.
Fast from thoughts of illness;
 Feast on the healing power of GOD.
Fast from actions that pollute; Feast
 on deeds that purify.
Fast from discontent; feast on gratitude. Fast
from pessimism; feast on hope.
Fast from worry; feast on trust. Fast
from guilt; feast on freedom. Fast
from complaining; feast on
 complementing.
Fast from stress; feast on self-care.
Fast from bitterness; feast on forgiveness. Fast
from selfishness; feast on compassion for others.*

A signature to Turn Debt into Hope

Next Sunday, March 16, you will be invited to sign the global Turn Debt into Hope campaign petition that calls for an end to unjust debt. With inequalities widening as rich countries continue enriching themselves by exploiting the resources of the poorest countries, we respond to Pope Francis's call: "In the spirit of this Jubilee Year, I urge the international community to work towards forgiving foreign debt in recognition of the ecological debt existing between the North and the South of this world. This is an appeal for solidarity, but above all for justice." (Message for the World Day of Peace, January 1, 2025) Help us reach the Canadian goal of 100,000 signatures, which will feed into the global goal of 10 million signatures. Sign now at devp.org/debt. Thank you for your solidarity!

CWL News

The CWL Diocesan Convention is being held on Tuesday, April 8th at St. John Ukrainian Church (91 Lakeshore Road). The price is \$80, which includes lunch. The registration deadline is Friday, March 14th. Call Lucy at 905-934-9297 to register or for more information.

Prayers for the Sick

Please keep the following members in our parish in your prayers who are sick or unwell: Marian Kelly, Richard D'Souza, Jane Cocco, Mel Cervantes, Michaela Gebhart, Anna Chorozy, Lisa Wong, Ron Harris, Bryan Peplinski, Nicole Dirickx, Terry Small, Paige Johnston, Patti Matheson, Frances Van Esch, Richard, Cherish Reece, Marina Subic, Marie Harris Teri Carmichael, Joe McGean, Vince Evangelista, Romulo Mercado, Basil Bruce, Roxanne, Alfred Hall, David Dewar, Hubert Pereira, Loretta Pereira, Egidio Passero, Marcia Panter, Giles Cote, Madeline Hayes, Anna Carboni, Paul Stone, Elaine Beehler, Janet Beattie, Manuel Borges, Gilles Ethier, Penny Harper, Ron Paskie, Juliann Sliwa, Fr. Brian Bevan, Alan Disik, Anne Camus, John Paul Korsmit, George Legal, Matthew McLean, Kyle Grundy, Christine Costantini, A. P, Msgr Domenic Pizzacalla, Betty Ann Yuhasz, Florence D'Mello

Respect for Life Mass

Rosary for Life & Confessions: 6:15 pm Mass with Bishop Bergie: 7 pm Tuesday, March 25 The Annunciation of the Lord ~ reception to follow ~ Cathedral of St. Catherine of Alexandria 67 Church Street, St. Catharines, ON

PARISH MISSION

Journey to the Cross

Save the date for our upcoming Parish Mission

Featuring:

David Patterson of YES CATHOLIC

March 26, 27, and 28th

at 7:00 p.m.

David Patterson reverted to the Catholic Church at the age of 21 after attending a retreat in 2009. Since those pivotal moments, David has led the way in youth ministry, high school chaplaincy and most recently through social media by founding Yes Catholic, an organization that calls young people to the catholic faith by sharing real life stories that have the power to change hearts.

Daily Mass Intentions

Mon	March 10 ~ 8:00 a.m.....	Antonio LaSelva/ Thomas Goulet
Tue	March 11~ 8:00 a.m.....	Mary Frances DeRochie
	~6:00 p.m.....	Gabriele Mucciarelli <i>(Stations & Mass in Italian)</i>
Wed	March 12 ~ 9:00 a.m.....	Sesto Montefiore/ Antonio Carbonara
Thur	March 13~ 8:00 a.m.....	Nick Tassillo
Fri	March 14 ~8:00 a.m.....	
	~7:00 p.m.....	Bozana Maric/ Joan Coye <i>(Stations & Mass in English)</i>
Sat	March 15~ 8:30 a.m.....	Fred Hall/ Louise Hall
	~ 5:00 p.m.....	Bella DiPietro/ Gabriele Mucciarelli
Sun	March 16 ~ 7:30 a.m.....	Mary Frances DeRochie/ Lucina Mateo Cruz
	~ 9:30 a.m.....	Corrado Giancaterino/ Mera Iacone
	~11:30 a.m.....	Missa Pro Populo

STATIONS OF THE CROSS & MASS

Tuesday @ 6:00 p.m. in Italian

Wednesday @ 7:00 p.m. in Spanish

Friday @ 6:30 p.m. in English

Masses during Lent

Please notice that during lent Masses are also celebrated as follows:

Tuesday @ 6:30 p.m. in Italian

Wednesday @ 7:30 p.m. in Spanish

Friday @ 7:00 p.m. in English

IMPORTANT: Due to the Lenten Retreat, St. Alfred's Pasta Night has been moved from Wednesday March 26th, 2025, to Wednesday March 19th 2025

EASTER FLOWERS MEMORIAL DONATIONS

During the Easter season the Church will be decorated with flowers. If you wish to make a donation of a potted Easter flower in memory of a loved one, you can do so. Please complete the following information slip and bring it with your donation to the office. Some of the potted flowers will cost up to **\$25.00 and others \$15.00**. We have to place our order as soon as possible for the flowers to be delivered on time. The persons in whose memory the flowers are offered, will be listed in the bulletin and they will be remembered and prayed for in our Holy Week celebrations.

Easter Flowers

Contribution to St. Alfred's Church

Name: _____

Envelope #: _____ Amount: \$ _____

In Memory of: _____

Kindly include this slip with your donation. Please print clearly

PRIMA DOMENICA

DI QUARESIMA

9 Marzo 2025

S. Messa durante la quaresima

Ogni martedì ~S. Messa:

6:00 p.m. in italiano

Ogni mercoledì ~ S. Messa:

7:30 p.m. in spagnolo

Ogni venerdì ~ S. Messa:

7:00 p.m. in inglese

VIA CRUCIS:

Ogni martedì 6:30 di mattina in italiano.

Ogni mercoledì 7:00 di sera in spagnolo.

Ogni venerdì 6:30 di sera in inglese.

Offerta per i fiori di Pasqua

A Pasqua la chiesa verrà adornata con fiori e piante ornamentali. Chi volesse fare un'offerta per acquistare dei fiori di Pasqua in memoria dei suoi cari defunti, può riempire il modulo che segue e portarlo in ufficio. I prezzi dei Fiori vanno da \$15.00 a \$ 25.00. I nomi dei defunti verranno ricordati nelle Messe della Settimana Santa e saranno pubblicati nel bollettino. Per favore date una risposta al più presto possibile.

Fiori di Pasqua

Contributo alla chiesa di S.Alfredo

Nome: _____

In suffragio di: _____

#della busta: _____ Offerta: \$ _____

Per favore mettete questo modulo insieme alla vostra offerta.