

JANUARY 21, 2024 ~ 3RD SUNDAY ORDINARY TIME

HEATING AND HYDRO COMMITTEE

St Alfreds church is looking for committee members to address the increase in heating and hydro bills for St Alfreds Parish. Heating bills have increased by 64% and Hydro/Electricity has risen by 34% over the last two years. I am looking for experts in furnace's, heat pumps, boilers, air conditioning and lighting/electricity. Our main heating for the church is provide by the original boiler, which was installed around 1960. If you are interested in this project and helping to make sure the congregation donations are spent efficiently, please contact me at crichardson30@cogeco.ca. I hope to have the first committee meeting by the end of January 2024.

Thank You for your help Chris Richardson finance committee.

Pope Francis' Prayer Intention for the Month of January

For the gift of diversity in the Church
We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

Mark your calendars....

For our next Symbolon video series, join us every Monday night in the St. Mark room from 6:30-8:00 p.m. beginning Monday February 26th. The topics include: The Sacraments (Baptism, Confirmation, Eucharist), a Walk through the Mass, Penance and Anointing of the Sick, Matrimony and Holy Orders, A love that lasts, and Catholic Social Teaching.

THE POWER OF CHOICE IS REAL

WE CAN . . .

CHOOSE TO LOVE—

RATHER THAN HATE.

CHOOSE TO SMILE—

RATHER THAN FROWN.

CHOOSE TO BUILD—

RATHER THAN DESTROY.

CHOOSE TO PERSEVERE—

RATHER THAN QUIT.

CHOOSE TO PRAISE—

RATHER THAN GOSSIP.

CHOOSE TO HEAL—

RATHER THAN WOUND.

CHOOSE TO GIVE—

RATHER THAN GRASP.

CHOOSE TO ACT—

RATHER THAN DELAY

. CHOOSE TO PRAY—

RATHER THAN DESPAIR.

CHOOSE TO FORGIVE—

RATHER THAN CURSE.

EACH DAY BRINGS A NEW
OPPORTUNITY TO CHOOSE.

WHAT KIND OF CHOICES WILL YOU
MAKE TODAY?

ST. ALFRED PASTA DINNER

Wednesday, January 31st

from 4:30 to 7:00 pm in the St. Mark's
room.

\$15 which includes red or white pasta,
meatballs, salad, bread, a drink and
dessert! Plus children 12 and under \$8



Daily Mass Intentions

Monday, January 22- Sunday, January 28

Mon	Jan 22	~ 8:00 a.m.....	Anna Su Tran/Jeff Hamilton
Tue	Jan 23	~ 8:00 a.m.....	Anna Annette Tran/ Carole Langlois
Wed	Jan 24	~ 9:00 a.m.	Spiro Stafrace/Carmine Cataldo
Thu	Jan 25	~ 8:00 a.m.....	Cathy Smith/ Ralph Bauer
Fri	Jan 26	~ 8:00 a.m.....	Mr. &Mrs.Emilio Diaz/ Ralph Biancaniello
Sat	Jan 27	~ 8:30 a.m.....	Peter Duke Nguyen/ Nicola Grandilli
		~ 5:00 p.m.....	Giovanni Trivieri/ Nada Rozman
Sun	Jan 28	~ 7:30 a.m.....	Missa Pro Popolo
		~ 9:30 a.m....	Benito Marconi/ Luigi DeLuca
		~ 11:30 a.m.....	Gerardo Marsico/ Adelina Marsico

Week of Prayer for Christian Unity

The **Week of Prayer for Christian Unity** [WPCU] is an annual global ecumenical celebration (traditionally held January 18-25 in the northern hemisphere). Christians around the world are invited to pray for the unity of all the baptized; to reflect together on Scripture; to participate in jointly-organized worship services; and to share in acts of outreach and fellowship. The theme for 2024 is drawn from Luke 10:27: ***"You shall love the Lord your God...and your neighbour as yourself."*** ***This years theme is focused on the story of the good Samaritan, and on asking ourselves who is our neighbor and how can we love them.***

Prayer for the Week of Christian Unity

As we commemorate this Week of Prayer for Christian Unity, we are reminded by your Word that all human beings are our neighbors and that we are to love them like ourselves and in the same way we love you.

Help us to overcome the barriers and divisions we have nurtured against your will.

Grant to us, O Lord, a new Spirit of love and solidarity, that we may proclaim your good news to all of creation. We ask this through your Son, Jesus Christ, who with you and the Holy Spirit are one God, for ever and ever. Amen

III DOMENICA TEMPO ORDINARIO

21 gennaio 2024

Siete invitati a St. Alfred Pasta Dinner
Le cene di pasta mercoledì 31 gennaio dalle 16:30 alle 19:00. Stanza di San Marco. \$ 15 che comprende pasta rossa o bianca, polpette, insalata, pane, una bevanda e un dessert

Compagni di volo

Voglio ringraziarti Signore, per il dono della vita; ho letto da qualche parte che gli uomini hanno un'ala soltanto: possono volare solo rimanendo abbracciati.

A volte, nei momenti di confidenza, oso pensare, Signore, che tu abbia un'ala soltanto, l'altra la tieni nascosta, forse per farmi capire che tu non vuoi volare senza di me; per questo mi hai dato la vita: Perché io fossi tuo compagno di volo, insegnami, allora, a liberarmi con Te. Perché vivere non è trascinare la vita, non è strapparla, non è rosicchiarla, vivere è abbandonarsi come un gabbiano all'ebbrezza del vento, vivere è assaporare l'avventura della libertà, vivere è stendere l'ala, l'unica ala, con la fiducia di chi sa di avere nel volo un partner grande come Te. Ma non basta saper volare con Te, Signore, tu mi hai dato il compito di abbracciare anche il fratello e aiutarlo a volare. Ti chiedo perdono, perciò, per tutte le ali che non ho aiutato a distendersi, non farmi più passare indifferente vicino al fratello che è rimasto con l'ala, l'unica ala, inesorabilmente impigliata nella rete della miseria e della solitudine e si è ormai persuaso di non essere più degno di volare con Te.

Soprattutto per questo fratello sfortunato dammi, o Signore, un'ala di riserva.

~ Carlo Carretto